

A Catalog of
**TRADITIONAL EDIBLE
FOREST PRODUCT**



Trinamul Unnayan Sangstha

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PREAMBLE

Chittagong Hill Tracts is located in the South Eastern part of Bangladesh that comprises of the three Hill Districts of Bandarban, Rangamati and Khagrachari. It shares common international border with Myanmar and India (the states of Mizoram and Tripura). The region is largely hilly and rocky which made the region different from other parts of the country. There are 11 ethnic communities have been living with their rich cultural practices and heritage from time immemorial. The ethnic communities have been living with subsistence based economy, which is largely dependent on forest. Besides plough cultivation, fisheries, livestock and poultry, the jum or hill firming and gathering of forest products are major sources of traditional livelihood of the people of the region. Therefore, these peoples have strong indigenous knowledge and practices on natural forest management which nurtured and conveyed for generations for maintaining livelihood.

In this regard, TUS has undertaken a project titled '**Enhancing Food security and Climate resiliency through Traditional Knowledge**' supported by AIPP and PAWANKA-Indigenous Ways of Knowing & Learning Fund. Under this project TUS collected the photographs of traditional edible forest product from Village Common Forest areas in Khagrachari sadar upazila and different places which were available in Khagrachari Hill District, Chittagong Hill Tracts. TUS arrange a validation meeting with 18 community peoples from different villages in Khagrachari sadar upazila. Compiling those photographs, TUS documented and published a catalogue of traditional edible forest product.

Hence, I would like to take the opportunity to express my gratitude to all participant who were present at the validation meeting and contributed to enrich the catalog. I would like to thank my colleagues of TUS who assisted for compiling and validating data. I hope this catalog will help those persons who are interested to do research on climate resilient livelihood in Chittagong Hill Tracts.

Editor

WILD MUSHROOM



Pic-01

Chakma: Odol Gaj Ul
Tripura: Lamak Moikhumu
Marma: Krobang Mo
Bangla:



Pic-03

Chakma: Jumuja Gaj Ul
Tripura: Bospai Bopang
Moikhumu
Marma: Chaiche Mo
Bangla:



Pic-04

Chakma: Aam Gaj Ul
Tripura: Thaichuk Moikhumu
Marma: Sramo
Bangla:



Pic-02

Chakma: Sammo Ul
Tripura: Moikhumu
Haplao
Marma: Tongbu Mo
Bangla:



Pic-05

Chakma: Dharmara Gaj Ul
Tripura: Sirpang Moikhumu
Marma: Saingse Mo
Bangla:



Chakma: Moji Ul
 Tripura: Handokgree
 Moikumu
 Marma: Tongbo-Mho
 chui
 Bangla:

Pic-06



Chakma: Hokkeng Hoppo Ul
 Tripura: Takke Yapha Moikhumu
 Marma: Tongte Lahwa Mho
 Bangla:

Pic-09



Chakma: Dela Gamari Gaj Ul
 Tripura: Bormulai Moikumu
 Marma: Sapang Mho
 Bangla:

Pic-07



Chakma: Buro Gaj Ul
 Tripura: Laichrok Moikhumu
 Marma: Sapang Mho
 Bangla:

Pic-10



Chakma: Gaj Ul
 Tripura: Oyamoikumu
 Marma: Oyamo
 Bangla:

Pic-08



Chakma: Sammo Ul
 Tripura: Moikhumu
 Haplao
 Marma: Tongbu Mo
 Bangla:

Pic-11

BAMBOO SHOOT



Pic-14

Chakma: Parbo
Bachchhuri
Tripura: Wamlee Mewa
Marma: Mede Nahang
Bangla:



Pic-12

Chakma: Padona
Bachchhuri
Tripura: Wasa Mewa
Marma: Nhokrangse
Bangla:



Pic-15

Chakma: Halichuri
Bachchhuri
Tripura: Kailangsi Mewa
Marma: Turogo Nahang
Bangla:



Pic-13

Chakma: Midingge
Bachchhuri
Tripura: Wana Mewa
Marma: Wana Nahang
Bangla:



Pic-16

Chakma: Egojje
Bachchhuri
Tripura: Wathoi Mewa
Marma: Khayang
Nahang
Bangla:

WILD GREENS



Chakma: Lelon pada
Tripura: Orai blai
Marma: Kramong Aarow
Bangla:

Pic-19



Chakma: Borana shak
Tripura: Moichoing Blai
Marma: Yoroing
Bangla:

Pic-17



Chakma: Ujon shak
Tripura: Rusundoi Dalok
Marma: Hang Fui
Bangla:

Pic-20



Chakma: Dengi shak
Tripura: Muikhumu
bochok
Marma: Genggodok
Bangla: Dhenki shak

Pic-18



Chakma: Hattoldengi
Aga
Tripura: Kantha bochok
Marma: Charownyoi
Bangla:

Pic-21



Pic-22

Chakma: Ejar shak
 Tripura: Athok Yechoing
 Marma: Nowaloing
 byoin
 Bangla:



Pic-24

Chakma: Amoj shak
 Tripura: Blaru
 Marma:
 Bangla:



Pic-22

Chakma: Padobaj Ludi
 Tripura: Shan Khapoing
 Marma: Nwekhybo
 Bangla:



Pic-25

Chakma: Mormojja
 Amile
 Tripura: Poipro Dalok
 Marma: Worong Khoin
 Bangla:



Pic-23

Chakma: Harmoj shak
 Tripura: Kolmi Dalok
 Marma: Kaingjwe
 Bangla: Kolomi shak



Pic-26

Chakma: Hoju dik
 Tripura: Moitok blai
 Marma: Paing
 bringshey
 Bangla: Kachu shak



Pic-26

Chakma: Minmini
 Tripura: Shakmu blai
 Marma: Mrangkhoya
 Bangla: Thankuni pata



Pic-29

Chakma: Ujon
 sinieye shak
 Tripura: Yongkhoi Blai
 Marma: Uchichana
 Bangla:



Pic-27

Chakma: Todegojil
 shak
 Tripura: Bato-slai Dalok
 Marma: Tong-kangmi
 Bangla:



Pic-30

Chakma: Dimetide
 shak
 Tripura: Kawa Gangia
 Dalok
 Marma: Geng-ga
 Bangla: Tita shak



Pic-28

Chakma: Hojoi pada
 Tripura: Kuchai Blai
 Marma: Kangmhoi Bong
 Bangla:



Pic-31

Chakma: Jangeele
 shak
 Tripura: Jangia Dalok
 Marma:
 Bangla:

WILD VEGETABLES



Chakma: Tara
Tripura: Thorai
Marma: Chinyang
Bangla:

Pic-34



Chakma: Bandor
Mammara
Tripura: Thaichok Krom
Marma: Janggraisi
Bangla:

Pic-32



Chakma: Tide huju
Tripura: Moitok bakhi
Marma: Leikyang
Bangla: Tita Kuchu

Pic-35



Chakma: Hattol dengee
Tripura: Kantha Bochok
Blai
Marma: Choroi Knewai
Bangla:

Pic-33



Chakma: Hattol dengee ful
Tripura: Kantha Bochok
Bobar
Marma: Choroi Fu
Bangla:

Pic-36



Chakma: Honagulo
 Tripura: Taokha rong
 Marma: Krongsyasi
 Bangla:

Pic-37



Chakma: Aagaja ful
 Tripura: Chapa bathai
 Marma: Jangbraisi
 Bangla:

Pic-40



Chakma: Tide Bigul biji
 Tripura: Khanta Bwthai (gira)
 Marma: Khreng Khasi
 Bangla:

Pic-38



Chakma: Bigul biji
 Tripura: Khanta Bwthai (gara)
 Marma: Pokhong Khrengsi
 Bangla:

Pic-41



Chakma: Bor Tide Bigul
 Tripura: Sikam Khanta
 Marma: Chang Khrengsi
 Bangla:

Pic-39



Chakma: Pogojja Aga
 Tripura: Yongkhoi/Longkhoi
 Marma: Yong Fu
 Bangla:

Pic-42



Pic-43

Chakma: Holattur
 Tripura: Muikhumu Bathai
 Marma: Nakpyuo Fu
 Bangla: Kolar Mochha



Pic-46

Chakma: Hola bolik
 Tripura: Laifang Borbok
 Marma: Nanhpyo
 Bangla: Kola Thor



Pic-44

Chakma: Ram Alu
 Tripura: Tha Walai
 Marma: Mhaadhe
 Mrohk
 Bangla:



Pic-47

Chakma: Hoyeng Alu
 Tripura: Tha Naro
 Marma: Khayang
 Mrohk
 Bangla:



Pic-45

Chakma: Sigon Shak
 Tripura: Gandree
 Marma: Srahkang
 Bangla:



Pic-48

Chakma: Olodo ful
 Tripura: Salwi Bobar
 Marma: Nonhobwong
 Bangla: Holud Ful

WILD FRUITS



Pic-51

Chakma: Uttel
Tripura: Bagla Bwthai
Marma: Koejo Shee
Bangla: Horitoki



Pic-49

Chakma: Gurgutte
Tripura: Thaichrem
Marma: Sudui Shee
Bangla:



Pic-52

Chakma: Roskoo
Tripura: Thaishak Bwthai
Marma: Rong Shee
Bangla:



Pic-50

Chakma: Hadamola
Tripura: Amlai
Marma: Sheasyea
Shee
Bangla: Amaloki



Pic-53

Chakma: Boragulo
Tripura: Dedawoi
Marma: Schiching Shee
Bangla: Bohera

